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"Quote of the week"

"Wisdom is not a product of schooling but of the lifelong attempt to acquire it."
- Albert Einstein

Visit of Chairperson: Ms. Rosemary Sagar



The much-awaited tête-à-tête : Inspirational Interactions and Exchange of Ideas

Hon'ble Chairperson Ms. Rosemary Sagar paid a visit to The Sagar School campus in April. She was accompanied by her son, Mr. Aiden Sagar, and both witnessed the school's regular schedule – interacting with the students, teachers and other staff members; observing academic classes, various enrichment sessions, extra-curricular activities, clubs and sports. The students liaised the various operations of the school, also inviting them to their nests – the hostels.





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NEW ACADEMIC SESSION-2023-24

It is correctly said that, “well begun is half done.” As we stepped into the new academic session, the parents’ visit added a new chapter to the history of The Sagar School. The new and existing parents were taken around the school by their wards, which in turn enhanced the knowledge about the day-to-day functioning of the school at close quarters. Colourful tents were pitched on the cricket ground for them to rest and share a private space before bidding goodbye. The ambience gave a feel of a trekking camp in the valley, as their wards has experienced in their expedition to Nainital and Manali! The Principal addressed the august gathering and shared the vision for the upcoming session.

PARENTS’ VISIT





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ACADEMIC ORIENTATION

Academic Orientation for the students was held in Rosemary Hall. During the session, the students were provided with an overview of Assessment Structure that included the Scholastic and Co-Scholastic areas. They were also detailed about the division of the session into four terms along with Continuous Assessment, along with the homework schedule which would help them plan their work and stay on track. The orientation program ended with an interactive session with the students.



SPORTS ORIENTATION



The orientation for sports was held in the Rosemary Hall. Sports Co-ordinator communicated the daily schedule, starting from morning conditioning programme, cycling expedition for class IX-XII on Sundays, overnight camping for students, evening sports and how a child must choose a sport they like to play, various Inter-House competitions lined up for the year, SPL (THE SAGAR PREMIER LEAGUE), IPSC Tournament with the venue and tentative dates for all the sports, SGFI District, state, and National Tournament with the venue and tentative dates for all the sports, and the most famous Triathlon. The orientation program ended with Q-and-A session, where all the doubts were delightfully clarified.

CCA ORIENTATION

“Educating the mind without educating the heart is no education at all.” The introduction of Co-curricular activities helps us to improve our key skills like Leadership, Communication, Collaboration, Organisational, Interpersonal and Critical Thinking Skills. As the new academic year begins, the younger lot of students will get to learn Craft, Dance, Music and Creative & Performing Arts during their class and afternoon CPA activity time. On the other hand, our senior students will get a host of activities under the banner of CPA, Clubs and IAYP Service. With the introduction of International Award for Young People at TSS, students are getting future ready with their hands-on experience of various services that bring in the sense of Entrepreneurship, Proactivity, and Ingenuity. Starting this academic year Sagarians’ will have the advantage of Enrichment session in the evening when they can choose CPA activities or Sports of their choice and work on to perfection.





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FRESHER'S EVE

Fresher's Eve, a long-standing tradition to welcome with open arms, the new members of The Sagar School family, was celebrated this year on 8th April 2023. It was a whirlwind of power packed performances alternating between energetic dances, medley of songs, stand-up comedy and even a skit. The singularity of this event lies in the fact that the performances are not limited just to the students but also encompasses members of Staff. As Robert Frost would put it, all the participants "took the road less travelled by and that has made all the difference." The students and staff members stepped up and unwound on the stage, putting their best foot forward. Dance on songs such as 'Gangnam Style', 'Muqabla' and 'Singham' set the pace for the evening. Songs such as 'Watermelon Sugar High', 'Perfect', 'Give me some sunshine' got the audience humming and asking for more. The skit and the stand-up comedy were hilarious. The evening ended with a dance party and dinner. However, the highlight of the day was that everyone felt accepted, and no one was new anymore.





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WORLD HEALTH DAY

The World Health Organisation (WHO) celebrates World Health Day, a unique awareness day on 7th April every year. The 75th Anniversary theme of the year is "Health for All". In the attempt to make it a successful year in terms of awareness, Dr. Sarvjeet Kumar and - Dr. Gayatri Verma, who also happen to be parents of our alumni and current student, were asked to address different classes.



The crux of the session, which will forever be embedded in the students' minds is that of oxygen and food. Rightly said by the experts that consumption of foods which give oxygen to us is important. Crucial points on hygiene upon which a lot of questions arose in the minds of the young were covered. Their curiosity quenched, left the students content with the correct information provided.



A further conversation on obesity and how it affects our body, mind, physical wellness, and our energy levels was the trending topic wanting more attention. With some more burning questions and inquisitiveness, Sagarians left the session wiser.





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EXPERIENTIAL LEARNING **BY VIKRAMJIT SINGH ROOPRAI**



Mr. Vikramjit Singh Rooprai is a Heritage Activist and an Educator. In 2009, he started exploring Delhi's monuments to promote the rich heritage of India. He has established Heritage Labs in schools where he encourages students and mentors to develop a new way of looking at our past. He also trains teachers to use experimental learning and use it for the benefit of students.

In his unique way, he started explaining to the students and the staff about the benefits of learning beyond the textbook. He gave his daughter's example and how she is able to understand how a restaurant works by learning the concepts and bettering via trial and error.



Mr. Vikramjit was very explicit in explaining his approach. He wanted grassroots change. Something which he was not able to get in any school. He chose this path, since no one was focusing on it. He estimates that although this is a very good method to teach students. We still have a long way to go in terms of truly understanding its strengths and utilising it.



Mr. Vikramjit gave the students many insights about the multidisciplinary nature of every subject. A key point that CBSE and NPE 2022 were emphasising.

A truly inspiring workshop!





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HONDA FACTORY VISIT



The Sagar school organised an experiential learning and educational tour to the Honda industry site, at Bhiwadi. The Honda plant site is about 22 km away from our school. On arrival, the Honda team took the students through a quick refreshment, followed by a very insightful training about Honda and the end products of Honda. The most important of them all, was an awareness workshop about Road Safety, coined very thoughtfully as 'SUPER HERO'.

The basic tenet of this 'SUPER HERO' concept was, how to spread the awareness about Road Safety measures and how to be safe on road as a pedestrian or as a passenger or driver of a vehicle.

The training was a hugely interactive session – a transactional training and our students were quite enthusiastic and quick to grasp and participate and contribute to the social cause. At the end of the session, Sagarians spoke quite eloquently on whatever training was imparted and promised to be responsible 'SUPER HERO'. They also learnt that Safe Driving and Road Safety rules are an Ethical and Social Responsibility of every human being. Each child realised the importance of mental and physical wellbeing while being a pedestrian or while in a vehicle – 'One sensible step can save many lives!'

The main production unit showcased the production process – from the assembling of individual parts to quality check of the finished product. The students were exposed to every aspect of the manufacturing process, giving them the holistic understanding of the production cycle. The students were amazed to know that one bike was produced in only 22 second!

It was a day away from the books - it was a day of experiential learning – and above all, it was a day of pure fun and learn!





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EXPEDITIONS

On the 18th of March 2023, our school organised an expedition which was part of IAYP [International Award for Young People] to Manali for the senior academic school with an overnight stop at Chandigarh.



At Solang Valley, we ventured through two surging events, one being the zip line and the other, riding the ATV bikes on un-paved roads. The adrenaline rush could hardly be missed by the expressions that we displayed.



The main event of the excursion was trekking to Patalsu Peak which took our breath away metaphorically and literally. The snow glazed mountains, the cold breeze that brought chills to our spines, the beautiful night sky and the open air refreshed the mind and body. Trekking up to a higher altitude from the base camp was a big task to accomplish but with the encouragement and determination we reached our destination.





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EXPEDITIONS

The most memorable part was having a blast with the snow. Even washing our own utensils with the freezing cold stream will still bring us the chills. There were a few people who remained back at the base camp due to health issues but that didn't stop them from making memories too. When the cold chilly night dawned upon us, the warmth from the bonfire and the comedic bits kept our cold bodies warm. Sleeping in our own allotted tents was even more challenging because the temperature dropped to minus degree and the energy was radiating from one tent to another.



After 3 days and 2 nights of stay at the camp, on the 22nd we went back to the warmth of our hotel The Grand Mastiff. Following up, we freshened up and visited Atal tunnel, Hidimba temple and ended the day by dancing to the folk dance of Himachal Pradesh.

Before stopping over at Shimla, on the 23rd we encountered another adventure at Kullu, river rafting. I still remember the rocks, the waves and the excited squeals.





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EXPEDITIONS



At Shimla we visited the Indian Institute of Advanced Study (IIAS), the architecture was absolutely magnificent and the precious antiques were preserved till date. We traversed the mall road and tried our best to manage both time and money which was kind of difficult. While returning, we spent the night at Chandigarh and on the 25th morning, we packed our bags and set off for school. Along the way, we had a sneak peek at the rock garden and Sukhna Lake which marked the end of our episode.



Everything eventually comes to an end but this was only the beginning and I wouldn't mind reliving the thrill of it all.

– Keren Puro, XII





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REJUVENATION

The long, grey winter has come to a close and spring has gloriously manifested itself. Nature has burst back into life with an explosion of sight, sound and colour. Stepping outside the house and taking a stroll around the school is rewarding now owing to the crescendo of birdsong, a vibrant display of flowers and the welcome sight of animals and insects out of hibernation. The Sagarians are willing and ready to tap into spring's intrinsic energy, its potential for new growth, to establish commitments and take inspired action.



Nature has burst from her wintry tomb,
Preparing her wreath of the vibrant bloom.
Ready to take over her charge of old,
Of sunshine and flowers and fields of gold.

All of the world is awake and alive;
Brimming with energy, brimming with life.
Procrastination is a thing of the past,
Clear skies call for a clear path.

Time to make up your mind and seize the season,
Harness the vigour and with good reason.
Cast off the superfluous, reach for your goal,
Take a leap of faith, it'll make you whole.

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