**Edition: 51 / JULY 2020** 





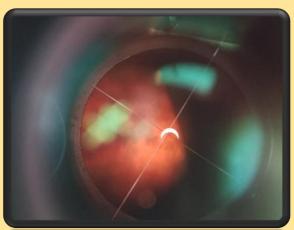


## **Exploring Beyond the Horizon**

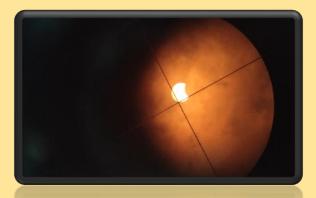
'The scientific environment satiates the thirst for knowledge and provides fodder for the curious minds.'

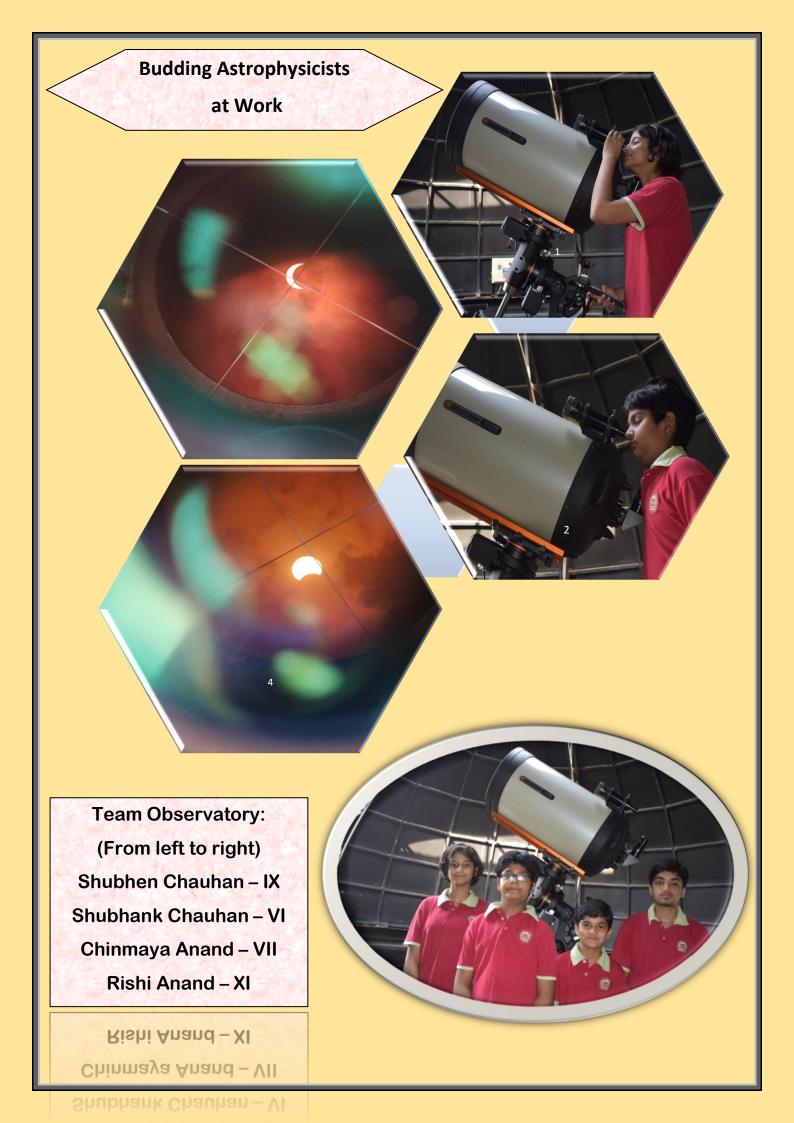
Annular Solar Eclipse was a splendid learning opportunity, when our young inquisitive explorers not only had witnessed the magnificence through the 14-inch Celestron Schmidt Telescope at The Sagar School Observatory. But also seized this unique phenomenon of the Moon blocking the Sun in their lenses. Apart from inculcating the spirit of learning, the eclipse also teaches us to see the larger picture. It gives us a unique chance to be mesmerised by its beauty, to live in the moment, celebrate nature's cycles. It conveys the message of not to be afraid of darkness and to be hopeful and optimistic for all time.

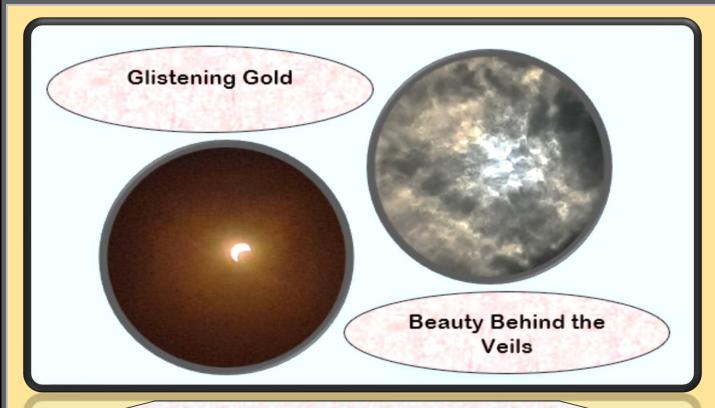




The Incredible Sight







Captured by: Shrey Khetan - XII



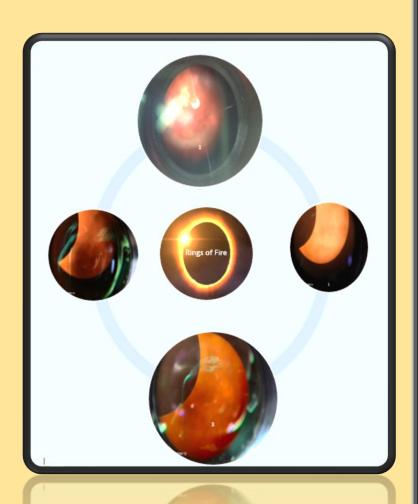
Captured through pinhole by:

Veeral Singh – VI



Captured by: Girish Kumar – XI

**Progression of the Eclipse** 



## **International Yoga Day**

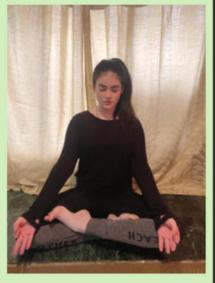
'Celebration of International yet Indian Discipline even in the wake of COVID - 19'

Our students have succeeded in spreading awareness about the holistic benefits of Yoga that include wellness of body, mind and the spirit. The world is embracing Yoga to fight many lifestyle disorders and even taking shield from Covid-19 through this discipline. Yoga with its numerous Asanas facilitates in boosting immunity. Sagarians united to endorse this discipline from their respective homes reiterating the fact that Yoga is a reliable and never - failing remedy.











'Yoga with its numerous
Asanas facilitates in
boosting immunity'

Prerna Sati - XII

Asiya - XI

Laavi Maan - XI

Muskan Sarda - XI

Krishnav Agrawal - IX

Krishang Gupta – IX

Sarthak Kasat - X

Glory Grace Basnett - VIII

Aanshul Sharma - VIII

Nikhil Chauhan - VIII

Abhinay Sharma - VII

**Yashpreet Singh - VI** 

Moirangthem Doric Singh - VI

Ayushmaan Sati - V

Self-Breath

Mastering The Self-Breath

The

Mastering























In the words of our Hon'ble Prime Minister Shri Narendra Modi, it is the day of Universal Brotherhood. The theme of the 'International Yoga Day' this year was 'Yoga at Home and Yoga with Family' to spread positive energy in our lives. Yoga teaches us never to give up and lead a balanced life. It enhances our quest for a healthier planet and does not discriminate.

## The Sagar School

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